

Comfort Food – 1 Kings 19:1-18

Pastor Raoul Robles – Sunday, August 3, 2025

It's not easy feeling like the Lone Ranger in the midst of

_____.

**God meets needs through His presence in our
circumstances, not by _____.**

God won't let us run away from all that _____.

**God joins us in our circumstances and gives us
_____.**

God meets us through _____.

**We need to clear out the buzz of distraction and make more
room for _____.**

Questions for Further Discussion:

(Great for Life Groups, family devotionals, or with a friend)

1. (Just for fun) What is your favorite comfort food and why?
2. What are the "broom trees" you've hidden under when life's circumstances made you want to throw in the towel?
3. Is there (or has there been) someone in your life who was willing to "walk through the forest of your troubles" with you? Who was it and how did it help you?
4. What noises and clutter keep you from hearing God's still, small voice?
5. What can you do to practice the disciplines of silence and solitude?